

Citrusdeo

Spray bottle / roll-on (50 ml)

1 TL Baking soda

50 ml boiled water (<122°F)

5 drops essential lime oil

Preparation

Dissolve baking soda in the lukewarm, never hot water (**above 112°F you get caustic soda!**) while stirring frequently.

Fill mixture into the spray bottle or roll-on, add oils, and **shake well!**

*Lime oil = antitranspirant,
Baking soda = odour neutralizing*